

**Autumn 2**  
**PE, Swimming and Forest School Days**

**Forest School**

Pupils should have appropriate outdoor clothing for Forest School sessions. Wet weather outer layers should be provided by parents for every session. We recommend long trousers and long sleeves however, in extreme hot weather we understand that long sleeves may be too much. Pupils should have wellington boots or suitable outdoor shoes that are waterproof.

On a Forest school day, pupils can come to school in their 'outdoor clothes' with waterproofs and wellies in a bag ready to change into. Please remember to pack a spare pair of shoes (and socks) for

	Tuesday	Wednesday	Thursday
HALF TERM			
W/C 4th November	Y2 Chestnut (am) Y2 Cedar (pm)	Y4 Sycamore (am) Y4 Rowan (pm)	EYFS Apple (am) EYFS Cherry (pm)
W/C 11th November	Y2 Cedar (am) Y2 Chestnut (pm)	Y4 Rowan (am) Y4 Sycamore (pm)	EYFS Cherry (am) EYFS Apple (pm)
W/C 18th November	Y2 Chestnut (am) Y2 Cedar (pm)	Y4 Sycamore (am) Y4 Rowan (pm)	EYFS Apple (am) EYFS Cherry (pm)
W/C 25th November	Y2 Cedar (am) Y2 Chestnut (pm)	Y4 Rowan (am) Y4 Sycamore (pm)	EYFS Cherry (am) EYFS Apple (pm)

**PE Days**

Pupils are allowed to come into school in their school PE uniform on their PE days.

Indoor PE could involve dance or gymnastics using one of our Sports Halls.

Outdoor PE follows our games curriculum and will usually be outside therefore it is important appropriate footwear and warm clothes are worn on these days.

All children will be expected to remove their earrings for PE lessons, along with all other jewellery. It is not possible to cover earrings with tape; if your child cannot remove their earrings they will not be able to take part in the lessons.

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Indoor PE</b>	Year 5 (pm)	Year 4 (pm)	Year 1 (am) Year 6 (pm)	Year 3 (pm)	EYFS Year 2 (pm)
<b>Outdoor PE</b>	EYFS (pm) Year 1 (pm)	Year 3 (pm)	Year 2 (pm)  <i>Year 5 Swimming (see information below)</i>	Year 4 (pm)	Year 6 (pm)

*\*Please note that when Year 5 are swimming they will not have an 'outdoor' PE lesson as the swimming will be in place of this.*

### Swimming Days (information for Year 5 parents only)

Half Term		
7	6th Nov	Year 5
8	13th Nov	Year 5
9	20th Nov	Year 5
10	27th Nov	Year 5

Year 5 will continue to have swimming sessions after half term at Westgate Leisure Centre. All swimwear needs to be in school first thing in the morning as we travel by school mini bus shortly after morning registration. For all sessions, your child can be in PE kit for the day with a suitable swimming costume, in a named bag, along with a towel and a pair of goggles. Swimming hats are optional for all pupils, but recommended for those with longer hair. A suitable costume for boys would be a pair of plain dark-coloured shorts (not too baggy); for girls, a plain one-piece costume. I strongly advise clear labelling of all your child's swimming gear as we use the public changing facilities.

All children will be expected to remove their earrings for swimming lessons, along with all other jewellery. It is not possible to cover earrings with tape; if your child cannot remove their earrings they will not be able to take part in the lessons.