



October 2024

Dear all,

We have been privileged to build an effective working relationship with Louise Burnop who, since before the pandemic, has been supporting both children and adults with counselling. Whilst we cannot offer counselling provision in school, Louise would like to offer all of our CFS families the opportunity to contact her directly should you feel her support and expertise would be beneficial.

Louise qualified as a counsellor in 2014, working in NHS and various school settings as well as running her private practice since 2015 and is a member of the British Association for Counsellors and Psychotherapist. Since then she has worked mainly with children and adolescents and is qualified to work with whole family units with continued professional development focussing on:

- self harm
- suicide
- emotional based school avoidance
- separation anxiety
- risk and challenges in adolescents
- eating disorders in adolescents
- anxiety
- trauma and abuse, including domestic abuse
- grief and bereavement in children and adolescents

If you would like to contact Louise, in confidence, for further information please email her via louiseburnop@gmail.com

Kind regards,

Mrs A Hermans
Mental Health & Wellbeing Lead