

PE Sport Studies Long Term Plan Year 11

Temperance Term

W/C	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	HALF TERM
Topic	Increasing awareness of Outdoor and Adventurous Activities							
Core	Introduction to new unit (assessment/sports/key terms)	Provision of OAA Equipment used for OAA	Clothing used for OAA Types of technology used in OAA	Terrain and environment for different OAA.	Independent time to complete task 1 & 2 of coursework related to key content outlined in previous lessons			
Challenge	Link the key terms to previous unit on key components of performance	Analyse the link between provision and popularity of different OAA	Justify the importance of specialist clothing in OAA	Evaluate natural vs manmade environments for different OAA.	Clear and relevant examples given regarding regional provision and national activity areas			
Assessment	Summative assessment of task 1							

W/C	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13	CHRISTMAS	
Topic	Topic Area 3: Plan for and be able to participate in an outdoor and adventurous activity			Topic Area 4: Evaluate participation in an outdoor and adventurous activity				
Core	Key considerations when planning an outdoor activity in a specified location	Outdoor activity risk assessment Emergency procedures plan	Independent time to complete task 3 of coursework related to key content outlined in previous lessons	Evaluate participation of outdoor activity Evaluate the value of participating in outdoor activities	Independent time to complete task 4 of coursework related to key content outlined in previous lessons	Independent time to finalise all 4 tasks of coursework related to key content outlined in previous lessons ready for submission		
Challenge	Evaluate the role of the NGB	Categorise safety and specialist equipment on a range of activities	Create comprehensive plan including RA considering all requirements of a safe outdoor and adventurous activity session.	Comprehensively discuss the areas that went well and not so well in the outdoor and adventurous activity.	Explains how the benefits can encourage participation, whilst providing a wide range of reasons as to why they are of value to an individual.	Describes all of the benefits from participation in the outdoor activity they undertook		
Assessment								

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Justice Term

W/C	Week 14	Week 15	Week 16	Week 17	Week 18	Week 19	HALF TERM
Topic	R152 – Performance and leadership in sports activities Topic Area 5: Reviewing your own performance in planning and leading a sports activity session		Unit R184: Contemporary issues in sport Students must Topic Area 1: Issues which affect participation in sport			Topic Area 2: The role of sport in promoting values	
Core	Review your leadership of a sports activity session. (planning/leading/improvements that can be made) Opportunities to develop leadership skills for the future	Independent time to complete task 4 of coursework related to key content outlined in previous lessons	Issues which affect participation in sport User groups	Possible Barriers Solutions to barriers	Factors which can positively and negatively impact upon the popularity of sport in the UK Emerging/new sports in the UK	Sport values Olympic and Paralympic	
Challenge	Comprehensively describes most areas that went well and did not go well in the planned sports activity session	Comprehensively describes all areas that needed to be adapted in the planned sports activity session. Shows detailed analysis when altering the plan, with justified suggestions.	Applying knowledge of content and answering 8-mark questions	Evaluation of key content, reaching well-reasoned and balanced arguments	Analysis of key content, involving point, evidence and explanation	Applying knowledge of content and answering 8-mark questions	
Assessment		TA 5 summative assessment			TA 1 summative assessment		

Analysis of key content involving point, evidence and explanation

W/C	Week 20	Week 21	Week 22	Week 23	Week 24	Week 25	EASTER
Topic	Topic Area 2: The role of sport in promoting values		Topic Area 3: The implications of hosting a major sporting event for a city or country		Topic Area 4: The role National Governing Bodies (NGBs) play in the development of their sport	Topic Area 5: The use of technology in sport	
Core	Sporting values initiative and campaigns The importance of etiquette AND sporting behaviour	The use of Performance Enhancing Drugs (PEDs) in sport	The features of a major sporting event positive and negative pre-event aspects of hosting a major sporting event	Potential positive and negative aspects of hosting a major sporting event	National Governing Bodies (NGBs)	The role of technology in sport	
Challenge	Applying knowledge of content and answering 8-mark questions	Evaluation of key content, reaching well-reasoned and balanced arguments	Analysis of key content, involving point, evidence and explanation	Applying knowledge of content and answering 8-mark questions	Evaluation of key content, reaching well-reasoned and balanced arguments	Analysis of key content, involving point, evidence and explanation	
Assessment		summative assessment of TA2		Summative assessment of TA3	Summative assessment of TA4	Summative assessment of TA5 / whole unit	

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Courage Term

W/C	Week 26	Week 27	Week 28	Week 29	Week 30	Week 31	HALF TERM
Topic	Topic Area 1: Issues which affect participation in sport	Topic Area 2: The role of sport in promoting values	Topic Area 3: The implications of hosting a major sporting event for a city or country	Topic Area 4: The role National Governing Bodies (NGBs) play in the development of their sport	Revision of all topic areas		
Core	Revision of key content	Revision of key content	Revision of key content	Revision of key content	Exam week – independent study		
Challenge	Analysis of key content, involving point, evidence and explanation	Evaluation of key content, reaching well-reasoned and balanced arguments	Applying knowledge of content and answering 8-mark questions	Applying knowledge of content and answering 8-mark questions			
Assessment							

W/C	Week 32	Week 33	Week 34	Week 35	Week 36	Week 37	SUMMER
Topic							
Core							
Challenge							
Assessment							