



# Y10 Personal Development 24\_25 LTP (PSHE, RE, Skills, Careers & Character development)

## Autumn Term 1 & 2

**Independent 1-1 Careers Guidance meetings will happen later this year**

W/C	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7 & 8
Core Theme	Your Future & Beyond		Your Future & Beyond		Your Future & Beyond		Review Exercise
Topic	Rights & Responsibilities		Rights & Responsibilities		Rights & Responsibilities		
Religious Education	<u>Religious Representation &amp; Stereotyping</u>		<u>Religious history of human rights</u>		<u>Religious rights in the workplace</u>		<u>Review Understanding</u>
PSHE	<u>Targeted Adverts &amp; Personal data</u>		<u>Human rights &amp; home school agreement</u>		<u>Consumer &amp; Employment Rights</u>		<u>Review Understanding</u>
Skills, Career & Character	<u>Exploring a pay check</u>		<u>Importance of taxes</u>		<u>Skills: Technology at work</u> 		<u>Review Understanding</u>
Assessments	Confidence Checker		Confidence Checker		Confidence Checker		
Tutor Time Unifrog Resources	Term 1A- Online Safety: Staying Safe online & protecting personal data Location: <a href="#">One Drive&gt; CFS Staff&gt; PSHE&gt; Tutor Time PSHE resources from Unifrog&gt; Y10</a>			Term 1B- Online Safety: Staying Safe online & protecting personal data Location: <a href="#">One Drive&gt; CFS Staff&gt; PSHE&gt; Tutor Time PSHE resources from Unifrog&gt; Y10</a>			Showcase Unifrog Profile to Tutors

HALF TERM



W/C	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Core Theme	Celebrating Diversity & Equality		Celebrating Diversity & Equality		Celebrating Diversity & Equality	
Topic	Exploring Issues		Exploring Issues		Exploring Issues	
Religious Education	<u>Peace, war &amp; conflict- religious stance</u>		<u>Religious charities &amp; supporting others</u>		<u>Empathy &amp; charitable giving of time &amp; money</u>	
PSHE	<u>Peace, war &amp; conflict</u>		<u>Inspiring people</u>		<u>Rights to choose</u>	
Skills, Career & Character	<u>International Organisations</u>		<u>Aid &amp; Supporting other countries</u>		<u>Skills: Problem solving &amp; creativity</u> 	
Assessments	Confidence Checker		Confidence Checker		Confidence Checker	
Tutor Time Unifrog Resources	Term 2A- Physical Health: Blood, Organ & Stem Cell donation Location: <a href="#">One Drive&gt; CFS Staff&gt; PSHE&gt; Tutor Time PSHE resources from Unifrog&gt; Y10</a>			Term 2B- Physical Health: Alcohol risks, consequences & safety Location: <a href="#">One Drive&gt; CFS Staff&gt; PSHE&gt; Tutor Time PSHE resources from Unifrog&gt; Y10</a>		




CHRISTMAS

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## Spring Term 1 & 2

**Independent 1-1 Careers Guidance meetings will begin during this term**




W/C	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	HALF TERM
Core Theme	Staying safe on / offline		Staying safe on / offline		Staying safe on / offline		
Topic	Violence, Crimes & Safety		Violence, Crimes & Safety		Violence, Crimes & Safety		
Religious Education	<u>Human worth &amp; religious contexts</u>		<u>Religious validation &amp; brainwashing</u>		<u>Prevent &amp; identifying/reporting concerning behaviour</u>		
PSHE	<u>Slavery</u>		<u>Personal validation within an online and offline world</u>		<u>Knife crime &amp; the law (PC Pack)</u>		
Teacher: JRL							
Skills, Career & Character	<u>Keeping safe online inc- grooming, CEOP &amp; data</u>		<u>Apprenticeships: what are they &amp; applying</u> 		<u>Skills: Independence vs Interdependence</u> 		
Teacher: RAL							
Assessment	Confidence Checker		Confidence Checker		<b>POLICE WORKSHOPS</b> Confidence Checker	<b>APPRENTICESHIP ROUND</b> ROBINS WITH ROLLS ROYCE & OTHERS	
Tutor Time Unifrog Resources	Term 3A- Life Skills: Managing risk, unsafe & emergency situations Location: <a href="#">One Drive&gt; CFS Staff&gt; PSHE&gt; Tutor Time PSHE resources from Unifrog&gt; Y10</a>			Term 3B- Life Skills- Planning & Organising effective revision Location: <a href="#">One Drive&gt; CFS Staff&gt; PSHE&gt; Tutor Time PSHE resources from Unifrog&gt; Y10</a>			




W/C	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	EASTER
Core Theme	Health & Wellbeing		Health & Wellbeing		Health & Wellbeing		
Topic	Mental Health & Wellbeing		Mental Health & Wellbeing		Mental Health & Wellbeing		
Religious Education	<u>Psychology &amp; physiognomy of wellbeing</u>		<u>Religious responses to health &amp; wellbeing</u>		<u>Mindfulness, meditation &amp; connectivity</u>		
PSHE	<u>Promoting wellbeing</u>		<u>Common types of mental health &amp; finding support</u>		<u>Screen time and safe use of mobiles</u>		
Skills, Career & Character	<u>Metacognition &amp; meta learning</u> 		<u>Review &amp; practice of strategies 1</u> 		<u>Review &amp; practice of strategies 2</u> 		
Teacher: RAL							
Assessment	Confidence Checkers & <b>AVOCADO WORKSHOPS</b>		Confidence Checkers & <b>AVOCADO WORKSHOPS</b>		Confidence Checkers & <b>AVOCADO WORKSHOPS</b>		
Tutor Time Unifrog Resources	Term 4A- Relationships: Navigating social influences and pressure Location: <a href="#">One Drive&gt; CFS Staff&gt; PSHE&gt; Tutor Time PSHE resources from Unifrog&gt; Y10</a>			Term 4B- Relationships: The impact of relationships Location: <a href="#">One Drive&gt; CFS Staff&gt; PSHE&gt; Tutor Time PSHE resources from Unifrog&gt; Y10</a>			

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## Summer Term 1 & 2

**Independent 1-1 Careers Guidance meetings will continue during this term**

W/C	Week 1	Week 2	Week 3	Week 4	Week 5		HALF TERM
Core Theme	Rights, Responsibilities & British Values		Rights, Responsibilities & British Values		Rights, Responsibilities & British Values		
Topic	Exploring British Values		Exploring British Values		Exploring British Values		
Religious Education	<u>Democracy, rule of law &amp; cultural development</u>		<u>Respect, tolerance, spiritual &amp; moral development</u>		<u>Individual liberty &amp; social development</u>		
PSHE	<u>Critical Thinking and Fake News</u>		<u>Exploring British values &amp; protected characteristics</u>		<u>Democracy &amp; rule of law</u>		
Skills, Career & Character	<u>Revision timetabling, sprints &amp; PLC exploration</u> 		<u>Pyramid approach, flashcards &amp; past papers</u> 		<u>Personal revision session</u> 		
Assessment	Confidence Checker	Confidence Checker	Confidence Checker	Confidence Checker	Confidence Checker	Confidence Checker	
Tutor Time Unifrog Resources	Term 5A- Relationships: Changing relationships & managing feelings Location: <a href="#">One Drive&gt; CFS Staff&gt; PSHE&gt; Tutor Time PSHE resources from Unifrog&gt; Y10</a>			Term 5B- Wellbeing: Introduction to body image Location: <a href="#">One Drive&gt; CFS Staff&gt; PSHE&gt; Tutor Time PSHE resources from Unifrog&gt; Y10</a>			

W/C	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6 & 7	SUMMER
Core Theme	Relationships & Sex Education		Relationships & Sex Education		Relationships & Sex Education		
Topic	Warnings, Relationships & Sex Education		Warnings, Relationships & Sex Education		Warnings, Relationships & Sex Education		
Religious Education	<u>Sexualisation &amp; misconceptions</u>		<u>Pregnancy options from a religious perspective</u>		<u>Religious attitudes towards healthy relationships in the UK</u>		
PSHE	<u>Sexting &amp; sexualisation through the media lens</u>		<u>Domestic &amp; sexual abuse, violence, rape &amp; FGM</u>		<u>Pregnancy timeline – morality focus</u>		
Skills, Career & Character	<u>Skills: Public speaking, Oracy &amp; team work 1</u> 		<u>Skills: Public speaking, Oracy &amp; team work 2</u> 		<u>Enterprise task</u> 		
Assessment	Confidence Checker & <b>OPTIONS CHICHESTER</b>		Confidence Checker & <b>OPTIONS CHICHESTER</b>		WEX logbook & Unifrog <b>EXPERIENCE OF WORK</b>		
Tutor Time Unifrog Resources	Term 6A- Wellbeing: Recognising strengths in ourselves & others Location: <a href="#">One Drive&gt; CFS Staff&gt; PSHE&gt; Tutor Time PSHE resources from Unifrog&gt; Y10</a>			Term 6B- Diversity: Challenging prejudice & discrimination Location: <a href="#">One Drive&gt; CFS Staff&gt; PSHE&gt; Tutor Time PSHE resources from Unifrog&gt; Y10</a>			