

Y11 Personal Development 24_25 LTP (PSHE, RE, Skills, Careers & Character development)

Autumn Term 1 & 2

Independent 1-1 Careers Guidance meetings will happen during this term

W/C	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7 & 8
Core Theme	Your Future & Beyond		Your Future & Beyond		Your Future & Beyond		Review Exercise
Topic	Getting set for Year 11		Getting set for Year 11		Getting set for Year 11		
Religious Education	<u>Religious dedication, time management and selfless focus</u>		<u>Religious recall, chants, oral traditions & semantic satiation</u>		<u>Religious attitudes to education</u>		<u>Review Understanding</u>
PSHE	<u>Orientation & information on the school website</u>		<u>Procrastination & Academic Sprints</u>		<u>Coping strategies towards exam stress</u>		<u>Review Understanding</u>
Skills, Career & Character	<u>Post 16 Levels, course identification, applying & timeline of key events / deadlines</u>		<u>Exploring post-16 options at college or 6th form</u>		<u>Personal timetable for revision- revisit metacognition</u>		<u>Review Understanding</u>
Assessments	Confidence Checkers		Visual outcome kept &		Visual outcome kept		
Supportive Resources	https://www.chichesterfreeschool.org.uk/ - Revision webpage under 'SCHOOL' https://www.healthforteens.co.uk/ - great stress related support pages https://www.childline.org.uk/info-advice/ - specific for matters relating to wellbeing				CFS YouTube channel has revision videos to support learning how to revise effectively Mel Ponterosso is available on a Tuesday should a further Careers 1-1 meeting be needed.		

HALF TERM



W/C	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	
Core Theme	Life Beyond School		Life Beyond School		Life Beyond School		
Topic	Exploring Issues		Exploring Issues		Exploring Issues		
Religious Education	<u>Peace, war & conflict- religious stance</u>		<u>Religious charities & supporting others</u>		<u>Empathy & charitable giving of time & money</u>		
PSHE	<u>Motivation, visualisation & goal setting</u>		<u>Revision session – x2 Academic sprints</u>		<u>Revision session – x2 Academic sprints</u>		
Skills, Career & Character	<u>Re-model Cornell note-taking with Academic Sprint</u>		<u>Re-model mind-mapping with Academic Sprint</u>		<u>Review key application deadlines locally & revision timetable preparation</u>		
Assessments	Visual outcome kept		Visual outcome kept		Visual outcome kept		
Supportive Resources	www.unifrog.org – for all Career, Post-16 related considerations. CFS Passport & Interactions/Skills/Activities element useful to highlight achievements throughout school history to support applications/CV writing			CFS YouTube channel has revision videos to support learning how to revise https://www.chichesterfreeschool.org.uk/ - Revision webpage under 'SCHOOL'			




CHRISTMAS

Y11 Personal Development 24_25 LTP (PSHE, RE, Skills, Careers & Character development)

Spring Term 1 & 2

Independent 1-1 Careers Guidance meetings will happen during this term




W/C	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	HALF TERM
Core Theme	Staying safe on / offline		Staying safe on / offline		Staying safe on / offline		
Topic	Staying safe		Staying safe		Staying safe		
Religious Education	<u>Religious attitudes to addiction</u>		<u>Religious attitudes to drugs and alcohol</u>		<u>Religious attitudes to cosmetic, aesthetic surgery and animal testing</u>		
PSHE	<u>Gaming & Gambling addiction</u>		<u>Online reputation & digital footprint- job interview process</u>		<u>Cosmetic/Aesthetic surgery</u>		
Skills, Career & Character	<u>Party drugs - NPS</u>		<u>Festival drugs – Nitrous Oxide</u> 		<u>Practical Revision session</u> 		
Assessment	Confidence Checkers & POLICE WORKSHOP		Confidence Checkers & POLICE WORKSHOP		Confidence Checkers & POLICE WORKSHOP		
Supportive Resources	https://www.healthforteens.co.uk/ - specific for West Sussex under Brighton link https://www.ceop.police.uk/safety-centre/ - specific for reporting exploitation https://www.childline.org.uk/info-advice/ - specific for matters relating wellbeing			https://www.healthforteens.co.uk/ - specific for West Sussex under Brighton link https://www.talktofrank.com/ - specific honest information about drugs, the law & support			

W/C	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	EASTER
Core Theme	Health & Wellbeing		Health & Wellbeing		Health & Wellbeing		
Topic	Mental Health & Wellbeing		Mental Health & Wellbeing		Mental Health & Wellbeing		
Religious Education	<u>Value towards the human body</u>		<u>Religious attitudes towards end of life care</u>		<u>The afterlife questions!</u>		
PSHE	<u>Organ & blood donation</u>		<u>Breast & cervical cancer</u>		<u>Where to go for support – NHS Health for Teens</u>		
Skills, Career & Character	<u>Testicular & Prostate cancer</u> 		<u>Collection of Post-16 destination data</u> 		<u>Post-18 University/Apprenticeship task</u> 		
Assessment	Confidence Checkers		Confidence Checkers		Confidence Checkers & unifrog		
Supportive Resources	https://www.healthforteens.co.uk/ - specific for West Sussex under Brighton link https://www.childline.org.uk/info-advice/ - specific for matters relating wellbeing			Mel Ponterosso is available on a Tuesday should a further Careers 1-1 meeting be needed. Unifrog has a record of what you have achieved for Post-16 interview preparations			

Y11 Personal Development 24_25 LTP (PSHE, RE, Skills, Careers & Character development)



Summer Term 1 & 2

W/C	Week 1	Week 2	Week 3	Week 4	Week 5	HALF TERM
Core Theme	Relationships & Sex Education		Relationships & Sex Education		Relationships & Sex Education	
Topic	Recap		Recap		Recap	
Religious Education	<u>Religious attitudes towards commitment and love</u>		<u>Religious attitudes towards fertility</u>		<u>Religious attitudes towards contraception</u>	
PSHE	<u>Recap consent & bullying</u>		<u>Recap alcohol & bad choices</u>		<u>Recap contraception & STI's</u>	
Skills, Career & Character	<u>Post-16 data confirmation</u> 		<u>Revision timetabling & further strategies</u> 		<u>Last minute cramming conundrum</u> 	
Assessment	Confidence Checkers		Confidence Checkers		Confidence Checkers	
Supportive Resources	https://www.healthforteens.co.uk/ - specific for West Sussex under Brighton link https://www.ceop.police.uk/safety-centre/ - specific for reporting exploitation https://www.childline.org.uk/info-advice/ - specific for matters relating wellbeing			CFS YouTube channel has revision videos to support learning how to revise https://www.chichesterfreeschool.org.uk/ - Revision webpage under 'SCHOOL'		

W/C	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	SUMMER
Core Theme	Revision		Revision				
Topic							
Religious Education	<u>Personal Revision Time</u>		<u>Personal Revision Time</u>		Exams completed		
PSHE	<u>Sexting & sexualisation through the media lens</u>		<u>Personal Revision Time</u>				
Skills, Career & Character	<u>Personal Revision Time</u>		<u>Personal Revision Time</u>				
Assessment	Confidence Checker & OPTIONS CHICHESTER		Confidence Checker & OPTIONS CHICHESTER				
Supportive Resources	Remember to change your Unifrog registered email from your school email to a personal email. This will enable you to continue to have access to your records during CFS, as well as all the Career, Apprenticeship and University search tools thereafter. Should you need future references, please email the CFS office: Office@chichesterfreeschool.org.uk						