

NON CONTACT KARATE TAUGHT BY FULLY QUALIFIED INSTRUCTORS



**EVERYONE WELCOME
FROM 4 YEARS OLD**



**WE TEACH TRADITIONAL KARATE
ENCOURAGING CONFIDENCE, RESPECT,
DISCIPLINE, SELF AWARENESS AND AGILITY IN
A FUN & CONTROLLED ENVIRONMENT. ALL
CLASSES ARE FRIENDLY, INFORMATIVE &
CATER TO THE INDIVIDUAL NEEDS OF THE
STUDENT.**



**CHICHESTER FREE SCHOOL
THURSDAYS 3.30PM – 4.30PM / SATURDAYS 10.00AM-11.00AM**

**JUNIORS £6.00 / ADULTS £7.00 PER CLASS – PAY AS YOU GO
MEMBERSHIP REQUIRED AFTER FIRST CLASS - JUNIORS £25 / ADULTS £37 PER YEAR**

MANY MORE CLASSES TO CHOOSE FROM, FIND THEM ALL AT: WWW.SOUTHERNKARATE.ORG

FOR MORE INFORMATION AND TO BOOK YOUR PLACE

EMAIL: info@southernkarate.org

Tel: 07764 478507



**Child Protection
in Sport Unit**

