**Sport**

In line with our intention to build each pupil’s self confidence and self-esteem throughout their life at our school we provide a wide range of sporting activities which cater for differing interests and abilities which in turn promotes healthy competition.

At Chichester Free School our pupils

* develop the skills, knowledge and understanding to enable pupils to perform with increasing competence and confidence in a wide range of physical activities
* have opportunities to be competitive and creative, meeting challenges as individuals, in a group or as part of a team
* are able to discover their aptitudes, abilities and preferences thus promoting a positive attitude towards an enduring healthy lifestyle.

Through a broad and varied curriculum we teach all the components of physical education: games, athletics, gymnastics, dance, swimming and outdoor and adventurous activities, allowing every child the opportunity to realise his or her potential.

Specialist staff, with qualified teacher status, along with experienced and accredited coaches nurture pupils’ development, providing a differentiated experience to meet the needs of all. Through a process of enjoyment and success, increased pupil confidence and self-esteem will carry benefits beyond the PE lesson and school itself.

Chichester Free School provides a structure for every individual to:

* participate and contribute regularly in a competitive environment
* foster the development of a range of social skills such as leadership, which will count towards accreditation in our leadership award.

Pupils who learn to co-operate and communicate are key to the success of our programmes.

Our extended day programme ensures all staff and pupils are involved, further enhancing the professional relationships between teacher and pupil.

The inter house system develops awareness and understanding of fairness, sportsmanship, personal and social responsibility. Local schools have been approached and our pupils engage in inter-school friendly competitions.

Chichester Free School will foster enhanced opportunities for sporting prowess with interschool competition in the wider community.