



**Chichester
Free School**
Nurture • Challenge • Inspire

Mr Phillips – Head of Secondary School

Year 7 Meet the Teacher

Tonight:

- You have come from seeing your child's tutor:
 - Miss Higgins & Mrs Brett (Aquila) - yr7 room 2
 - Mrs Vann (Noctua) – Science 1
 - Miss Beckett (Pegasus) – yr7 room 1
 - Miss Kite (Phoenix) – History 2



Please come and talk to us
at the end

5.00-5.30 Tutors		5.30-6.00pm	6.00-6.30pm
Aquila – Y7RM1	➡	7X(7A) English/Maths – 7RM2 Miss Higgins Mrs Brett	Carmelite Hall Talk with Head of Secondary
Noctua – Science 1	➡	Carmelite Hall Talk with Head of Secondary	7Z(7C) English/Maths – 7RM2 Miss Higgins Mrs Brett
Pegasus – Y7RM2	➡	7W(7B) English/Maths – 7RM1 Mrs Shaw	Carmelite Hall Talk with Head of Secondary
Phoenix – History 2	➡	Carmelite Hall Talk with Head of Secondary	7Y(7D) English/Maths – 7RM1 Mrs Shaw

- Please keep to the main secondary building.
- Check out our website and weekly communication to parents for future dates/events.



Who's who...



JAMES GARNER

Executive Principal

To contact Mr Garner please email cfsprincipal@chichesterfreeschool.org.uk. However, in the first instance please contact your child's class teacher.



BEN PHILLIPS

Head of Secondary: Secondary Curriculum & Achievement

To contact Mr Phillips please email bphillips@chichesterfreeschool.org.uk. However, in the first instance please contact your child's tutor.



CLAIRE TUNNICLIFFE

Head of Primary: Primary Learning & Teaching

To contact Mrs Tunncliffe please email ctunncliffe@chichesterfreeschool.org.uk. However, in the first instance please contact your child's class teacher.



LEE HARDWICK

Deputy Head of Secondary: Behaviour, Attendance & KS3 Standards

To contact Mr Hardwick please email lhawdwick@chichesterfreeschool.org.uk. However, in the first instance please contact your child's tutor.

Who's who...



CATHRYN HALTON

Vice Principal: Inclusion & Primary SENDCo

To contact Mrs Halton please email chulton@chichesterfreeschool.org.uk. However, in the first instance please contact your child's class teacher.



GEORGIA HAYES

Assistant Head (Primary): Primary Curriculum and Outcomes

To contact Mrs Hayes please email ghayes@chichesterfreeschool.org.uk. However, in the first instance please contact your child's class teacher.



ROB ANGELL

Assistant Head (Secondary): All Through Personal Development

To contact Mr Angell please email rangell@chichesterfreeschool.org.uk. However, in the first instance please contact your child's tutor.



NICK ELLIMAN

Assistant Head (Secondary): Key Stage 4 Raising Standards

To contact Mr Elliman please email nelliman@chichesterfreeschool.org.uk. However, in the first instance please contact your child's tutor.



PHIL FOWLER

Assistant Head (Secondary): Secondary SENDCo

To contact Mr Fowler please email pfowler@chichesterfreeschool.org.uk. However, in the first instance please contact your child's tutor.



VICTORIA GALPIN

Assistant Head (Primary): Primary Behaviour and Attendance

To contact Mrs Galpin please email vgalpin@chichesterfreeschool.org.uk. However, in the first instance please contact your child's tutor.

A typical school day...

- 7.45 - 8.15 arrival (canteen is open).
- 8.15 - Bell for line up
- 8.20 - 8.45 - Tutor time or assembly
- **8.50 - 9.45 - Lesson 1**
- **9.45 - 10.40 - Lesson 2**
- *10.40 - 11.10 - Break*
- **11.10 - 12.05 - Lesson 3**
- **12.05 - 13.00 - Lesson 4**
- *13.00 - 13.40 - Lunch*
- **13.40 - 14.35 - Lesson 5**
- **14.35 - 15.30 - Lesson 6**
- 15.30 - 16.30 - Co-curricular

- English or maths – every day.
- Dinning hall for yr7/8 only
- A Typical day...

	Reg (08:20-08:50)	P1 (08:50-09:45)	P2 (09:45-10:40)	Break (10:40-11:10)	P3 (11:10-12:05)	P4 (12:05-13:00)	Lunch	P5 (13:40-14:35)	P6 (14:35-15:30)	Clubs (15:30-16:30)
Monday A	Tutor: Year 7: 7Noctua SC1 LVN	English: Year 7: 7y/EnX 7RM2 LBT	Maths: Year 7: 7y/ MaX 7RM2 LBT		Drama: Year 7: 7A/Dr Drama NGR	PE: Year 7: 7XPE1 FT Playground KCM , GDN	(13:00-13:40)	Dance: Year 7: 7A/Dc Dance DBT	Geography: Year 7: 7A/Gg MFL1 MGS	
Tuesday A	Tutor: Year 7: 7Noctua SC1 LVN	RS: Year 7: 7A/Rs RS GCK	Food and Nutrit: Year 7: 7FTX1 Food 2 ALN		English: Year 7: 7y/EnX 7RM2 LBT	Maths: Year 7: 7y/ MaX 7RM2 LBT		Art: Year 7: 7A/Ar Art 1 ALN	Science: Year 7: 7A/Sc SC1 LVN	
Wednesday A	Tutor: Year 7: 7Noctua SC1 LVN	English: Year 7: 7y/EnX 7RM2 LBT	Maths: Year 7: 7y/ MaX 7RM2 LBT		Dance: Year 7: 7A/Dc Dance DBT	Geography: Year 7: 7A/Gg MA2 MGS		Music: Year 7: 7A/ Mu Music HDS	Science: Year 7: 7A/Sc SC5 KDY	
Thursday A	Tutor: Year 7: 7Noctua SC1 LVN	Art: Year 7: 7A/Ar Art 1 ALN	PE: Year 7: 7XPE1 FT Playground GDN		Maths: Year 7: 7y/ MaX 7RM2 LHS	English: Year 7: 7y/EnX 7RM2 LHS		Science: Year 7: 7A/Sc SC1 LVN	PSHE: Year 7: 7A/ Ps Futures RAL	
Friday A	Tutor: Year 7: 7Noctua SC1 LVN	Maths: Year 7: 7y/ MaX 7RM2 LHS	English: Year 7: 7y/EnX 7RM2 LHS		Computing: Year 7: 7A/Cm ICT ESL	Science: Year 7: 7A/Sc SC5 KDY		Science: Year 7: 7A/Sc SC1 LVN	Geography: Year 7: 7A/Gg MA2 MGS	

Pupil Code of Conduct

<https://www.chichesterfreeschool.org.uk/back-to-school/>

1. Be ready to learn:

- Be on time to registration, lessons and activities – every minute matters.
- Be in full school uniform, looking smart.
- Be fully equipped and prepared for lessons and activities. This includes homework, books, ingredients at PE kit.

2. Follow staff directions – first time, every time; never say 'no':

- Pupils will be treated with respect and courtesy.
- Staff give directions to ensure the safety of pupils, to maintain high standards and to ensure that learning and teaching is high quality. We expect these directions to be followed.

3. Treat everyone with respect, including yourself:

- Be courteous and polite, and expect good manners from others.
- Swearing, offensive language (including homophobic, racist, xenophobic, transphobic etc.) and bullying will not be tolerated.
- Respect other people's learning, and your own.
- Fully embrace our Culture of Kindness.

4. Look after the CFS environment and other people's property:

- Take good care of the building, resources, equipment and grounds.
- Use the designated areas for eating and drinking; there should be no food or drink in the classrooms.
- Clear up after yourself – do not leave litter.

5. Set high personal standards:

- Set yourself worthwhile aspirational challenges – **go for purple!**
- Be prepared to go above and beyond expectations – in class and elsewhere.
- Give yourself the best possible life chances by using the full resources of CFS to good effect – fully embrace the enrichment offer.

***'Be in the right place, doing the right thing,
at the right time.'***



Also note:

- **Mobile phones and other media devices:** Mobile phones should be **switched off and in bags**. If phones are seen or heard they will be confiscated. Pupils must not use their phones to contact parents during the day. If pupils need to contact parents, they can do so via the Main Office or Year Offices.
- **Chewing gum, sweets, energy drinks and fizzy drinks** (e.g. Coke, Diet Coke, Fanta, 7Up, Dr Pepper) are not allowed anywhere on the School site and should not be brought in. They will be confiscated from pupils and not returned.
- **Aerosols, body sprays, aftershaves and perfumes** are not permitted anywhere on the School site and will be confiscated and not returned.



CFS Home School Agreement

<https://www.chichesterfreeschool.org.uk/back-to-school/>

As a CFS Parent/Carer I agree to...

- ensure that my child attends school regularly and on time and to contact the school with an explanation for any absences.
- avoid taking holidays in term-time.
- ensure that my child is adequately equipped to engage with their school work each day.
- support the school's policies and guidelines, including those on behaviour, uniform and homework.
- make the school aware of any problems/concerns that might affect my child's work or behaviour.
- attend Pupil Progress Consultations and other information evenings.
- check my child's use of social networking sites and electronic devices and seek advice from the Assistant Head of Year/Designated Safeguarding Lead/Deputy Designated Safeguarding Leads if and when appropriate.
- support the school in ensuring that my child behaves in an appropriate manner on the way to and from school.
- communicate with all school staff in a respectful manner, both verbally and in writing.

CFS Home School Agreement

<https://www.chichesterfreeschool.org.uk/back-to-school/>

As a Pupil of CFS I agree to...

- attend school regularly and on time.
- bring the correct books and equipment needed for each lesson.
- wear correct uniform at all times on school premises, and whilst travelling to and from school, in line with the School's uniform policy.
- observe the Pupil Code of Conduct and behave with courtesy and respect.
- build positive relationships with all members of the school community and take responsibility for my own actions.
- treat school property and equipment with respect.
- tell an adult about any issues that might affect my work or behaviour.
- observe the codes of good practice when using all forms of electronic communication and report any misuse immediately to a member of staff.
- behave in an appropriate manner at all times when representing CFS – including on the way to and from school.
- take personal responsibility for any valuable items (such as a mobile phone, smart watch or jewellery) that I choose to bring into school.

The CFS Way

Nurture Challenge Inspire



SHINE

Selfless

Hardworking

Independent

Noble

Empowering

EXCELLENT



GOOD



BELOW



CONCERN



Rewards and Sanctions

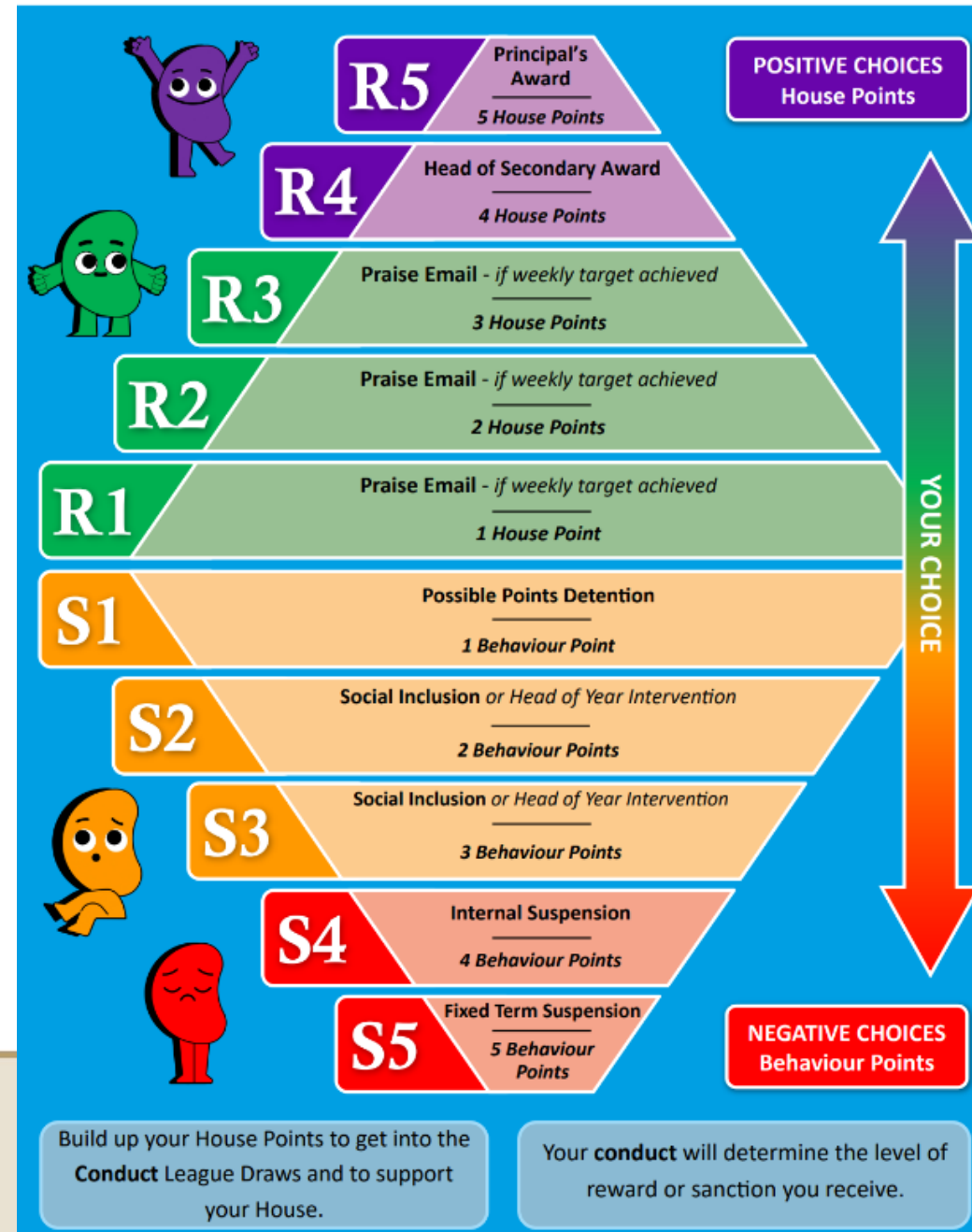
Rewards

End of term celebration assemblies
Rewards trips
Vouchers for top pupils
Pizza party with HoY
Principal's tea (R5)
Contact home via teacher/emails.

Sanctions

S1 – a high number will lead to an after-school detention
S2 – breaktime in detention in Geography room(still give time to eat/toilet).
S3 – lunchtime in detention in Geography room (still give time to eat/toilet).
If they miss this above DT, they will be expected to attend long at lunchtime.
If they miss this it is an after-school DT for 1hr.
S4 – Internal exclusion (isolation room). With 1hr after-school.
S5 – Fixed term suspension

Rewards and Sanctions



CFS Learning plans

- What are you learning?
- Our website contains a 'long term learning plan'.
- An overview of the week, the topic and the assessment.
- Please also look in your child's book.
- Use Google classroom (Via your child's log in)

These activities give our pupils differentiated opportunities enabling them to push on th

THE KEY STAGE 3 CURRICULUM

Key Stage 3, at CFS, enables our pupils to develop the essential skills which they will ap

Our curriculum provides a range of traditional academic subjects as well as opportunitie
languages in Years 7 and 8 before specialising in Year 9. For those pupils who require su

Fortnightly lesson allocation is in the table below and you can view the Long Ter

Subject	Year 7	Year 8	Year 9
English	8	2	2
Maths	8	2	2
Science	7	7	7
History	4	4	4
Geography	4	4	4
RS	2	2	2

Temperance Term

W/C	Week 1	Week 2	Week 3	Week 4	Week 5	
Topic	LANGUAGE Celebrating imaginative writing [AO5 & 6].		LITERATURE: The World Around Us: Poetry & Drink of Water.			
Core	Writing a creative piece on a landscape, focus on language techniques and ambitious vocabulary.		Reading and analysing a short story alongside poetry from different cultures. Explore the ideas of diversity, culture, racism and prejudice.			
Challenge	Develop an awareness of diversity and inclusion.					
Assessment	Baseline: Assessment [AO5, 6]: creative writing based on Other Cultures. Word Limit: 300.					



School success starts
with attendance

Attendance

90% attendance (19 days absent a year) equates to 209 days of absence over 11 years of schooling. This is more than ONE YEAR of school missed!

The majority of students who have over 95% attendance achieve eight or more GCSEs at grades 4-9.

Attendance is key to academic achievement! If you are not in the lesson you cannot progress!

Attendance Ladder



CFS homework...

No timetable set by the school – weekly for core subjects (English, maths and science)

Fortnightly for non-core

Chichester Free School believes in homework that supports class study and has meaningful outcomes.

There are various reasons for setting homework. These include:

- ☐ to encourage and develop self-discipline, study habits and a range of skills in planning and organising time,
- ☐ to allow reinforcing, extending and consolidating of work done in class,
- ☐ to prepare for future lessons,
- ☐ to give pupils experience of working on their own,
- ☐ to develop in pupils a sense of responsibility to their own learning,
- ☐ to prepare for tests and assessments,
- ☐ to further challenge and extend more able pupils,
- ☐ to provide focused support for less able pupils.



Log in

Enter your email address

Stream Classwork People Marks

+ Create

Google Calendar Class Drive folder

All topics

Homework

Fieldwork

Unit 1A Challenge o...

Unit 1B The living W...

Unit 1C Physical La...

Unit 2A Urban Issue...

Unit 2B The Changin...

Unit 2C The Challen...

Last lesson of yr10 (and no Mr Phillips - sorr... Posted 10 Jul

Instructions for isolating pupils Posted 6 Dec 2021

Exam specification Posted 23 Mar 2021

Homework

Economic world - SENCA quiz homework Due 23 Sept, 13:00

Rivers recap Due 9th September Due 9 Sept, 20:00

Recommended length of homework set in each subject each week

Key Stage 3

1 Hour English and Maths. 30min for Science each week.
Fortnightly - 30 minutes maximum History, Geography, MFL, RS.
Other relevant subjects will set homework half-termly.

1 hour per week for English, Maths and Science. Fortnightly for GCSE options

Homework

- Set up a homework-friendly area.
- Schedule a regular study time.
- Help them make a plan.
- Keep distractions to a minimum.
- Make sure it is their own work
 - (google is and isn't helpful).
- Be a motivator and monitor.
- Praise their work and efforts.
- If there are continuing problems with homework, get help.
 - Email the tutor and class teacher.

Key Stage 3	1 hour a week for English and Maths. 30 minutes for Science	30 minutes fortnightly for Languages, History/Geography Half termly project for all other subjects if appropriate.
Key Stage 4	1 hour a week for English, Maths and Science. Building up to GCSEs, revision explicitly set in addition to homework	1 Hour every fortnight for Option subjects Building up to GCSEs, revision explicitly set in addition to homework

Name: Finish your medicine timelines

Issued: 4/9/2024 | Due: 11/9/2024 | Mrs Jessica Bentley | History | 11D/Hi1 | Created: 4/9/2024 | Type: Homework

Make sure you've added all the events onto your timeline.

The textbook page and answers are on google classroom.

Remember, you will need this for reference throughout the course! It helps hugely, trust me!

textbook pages (2).pptx

Google Classroom

Google Classroom: <https://classroom.google.com/>

Login name: first initial + surname + year they will leave CFS @ chichesterfreeschool.org.uk

Year 7 = jbloggs28@chichesterfreeschool.org.uk

Password: Symbol + two words + number

(Please see your child's tutor if you'd like a copy of your child's password)

They will be invited to a classroom for each subject.

On here their classrooms will be organised into topics

Sparx Maths



Routines

- **Ensure quiet time in your home.**
 - Multi-tasking is a myth. Turn off the TV. A bright working space.
- **Ask your child what their perfect homework routine might look like.**
 - Help them create that vision.
 - Some children might want a break after school to blow off pent-up energy, others may want to get the homework done first so they can get on to free play.
- **Limit phones during homework time.**
 - Phones are a distraction when they are in the room, even when they are turned off.

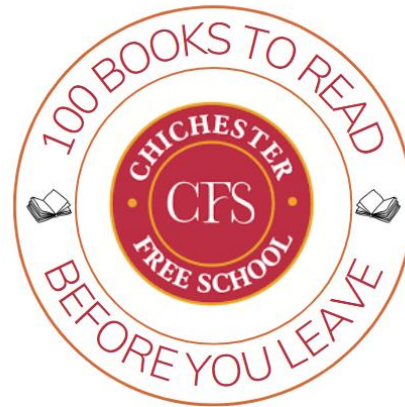


Reading

Reading for pleasure has a positive impact on a number of outcomes for children.

Some ideas:

- Model your reading
- Discuss your reading
- Dust off that library card
- Read books studied in school
- Go with their interests
- All reading is reading



Secondary
Sparx Reader

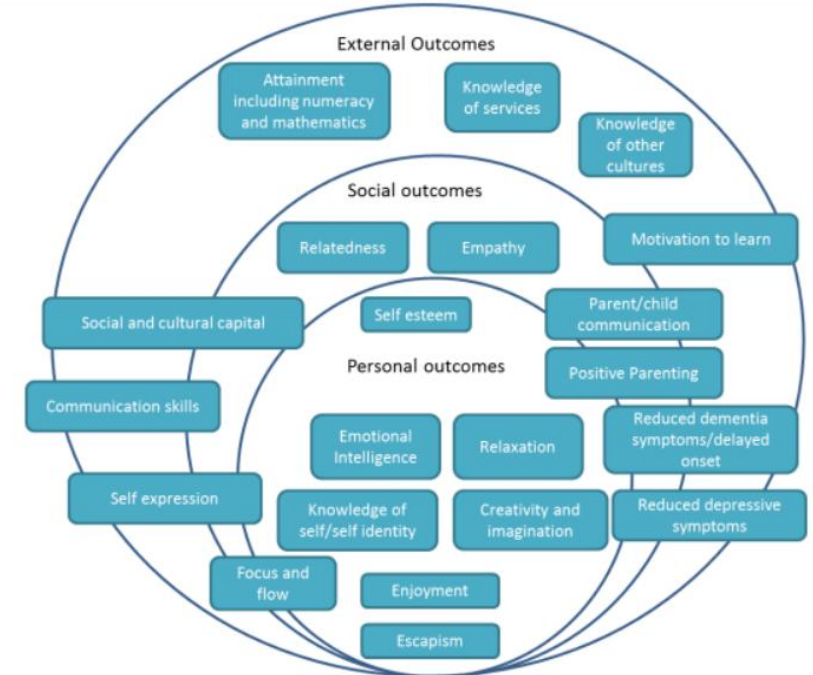


Figure 1: Overall Outcomes Map

Outcomes of Reading for Pleasure, The Reading Agency (2015)



Am I On Track in My Learning?



EXCELLENT

I am currently **exceeding expectations** and making **excellent progress** in my learning.



GOOD

I am currently **meeting expectations** and making **good progress** in my learning.



BELOW

I am currently **making some progress**, however I am **working below** what is expected of me.



CONCERN

My current **progress is a concern**, and I am **working far below** what is expected of me.



Learning profiles and On Track

Learning Profiles



4

EXCELLENT

- ♦ I **always** demonstrate the CFS SHINE Values.
- ♦ I am **always** in the **right place**, at the **right time**, doing the **right thing**.
- ♦ I am **always** an **ambitious learner**.



3

GOOD

- ♦ I **usually** demonstrate the CFS SHINE Values.
- ♦ I am **usually** in the **right place**, at the **right time**, doing the **right thing**.
- ♦ I am **usually** an **ambitious learner**.



2

BELOW

- ♦ I **sometimes** demonstrate the CFS SHINE Values.
- ♦ I am **sometimes** in the **right place**, at the **right time**, doing the **right thing**.
- ♦ I am **sometimes** an **ambitious learner**.



1

CONCERN

- ♦ I **rarely** demonstrate the CFS SHINE Values.
- ♦ I am **rarely** in the **right place**, at the **right time**, doing the **right thing**.
- ♦ I am **rarely** an **ambitious learner**.



Co-curricular...

<https://www.chichesterfreeschool.org.uk/co-curriculum/>

Get involved...full programme on our website...

TUESDAYS	HOME End of school day	Supervised Study Y7-11 Futures Hub LVN	Coding Club Y7-10 ICT ESL	Athletics & Multiskills Club Y2-6 Sports Hall £132 Aspire to Greatness	GDS Maths Reasoning Y6 Maple LSN/CBG INVITE ONLY	Orchestra/ Band Y5-11 MT HDS	Dot2Dot Club Y1-3 £15 Sycamore ABD	Film Club Y1-6 Cedar £15 TES
		School Production Drama NGR	Duke of Edinburgh Y9-10 Eagle Point Sign up required FGS/RCK	Beginners Pony Club Y2-6 Hunters Lodge Riding Centre Important Information in activity description below Min of 5 required £17/session (£119/£102 per ½ term)	RE Booster Club Y7-11 RE GCK	Dungeons & Dragons & Y7-11 Art2 £3 ALN		
		Boys Football Y7-8 MUGA GDN/ROY	KS3 Dance Club KS4 Choreography can join Y7-9 Dance DBT	Off-Site Running Club Y7-11 Meet changing rooms KWN	Star Voices Y2-6 Secondary Canteen £50 Kuckoo Theatre	Girls/Boys Touch Rugby Y7&9 Mini Astro LBT/MTG		



Chichester
Free School
Nurture • Challenge • Inspire



Dates for your diaries...

ROY = Rhythm of the Year

- Please refer to the website...
 - Back to school page
 - Parent bulletin

ALL PARENTS

Please do ensure that you read all of the relevant documents which are relating to the year group your child is in now:

[Parent Information Pack 2026/2027 \(Download: 822.02KB\)](#)

[Parent And Pupil ROY 2026/2027 - Updated \(Download: 346.70KB\)](#)

[CFS 2026/27 Home School Agreement \(Download: 286.20KB\)](#)

[Pupil Code Of Conduct 2026/27 \(Download: 245.88KB\)](#)

[Privacy Notice For Pupils \(Download: 285.33KB\)](#)

[Uniform Policy 25/26 \(Download: 326.24KB\)](#)

<https://www.chichesterfreeschool.org.uk/back-to-school/>

10.9.26

[CFS Weekly Bulletin 10.9.26 \(Download: 337.52KB\)](#)

[Kerry Wharf, Creative Arts Play Therapist details \(Download: 122.58KB\)](#)

[Dungeons & Dragons event, Bognor \(Download: 375.95KB\)](#)

[Singing lessons Poster \(Download: 1.45MB\)](#)

[CLOSURE: Stockbridge Road Leaflet \(Download: 86.06KB\)](#)

[Letter To Register for FSM \(Download: 224.64KB\)](#)

[Southern Karate at CFS \(Download: 607.50KB\)](#)

2.7.26

[CFS Weekly Bulletin 2.7.26 \(Download: 333.19KB\)](#)

[Wizard Of Oz Pantomime \(Download: 263.70KB\)](#)

[Kerry Wharf, Creative Arts Play Therapist details \(Download: 122.58KB\)](#)

[Books And Beats 7plus Chichester Library \(Download: 3.18MB\)](#)



Year 7 Meet the Teacher

Tonight:

- You have come from seeing your child tutor:
 - Miss Higgins & Mrs Brett (Aquila) - yr7 room 2
 - Mrs Vann (Noctua) – Science 1
 - Miss Beckett (Pegasus) – yr7 room 1
 - Miss Kite (Phoenix) – History 2



Please come and talk to us
at the end

5.00-5.30 Tutors		5.30-6.00pm	6.00-6.30pm
Aquila – Y7RM1	➡	7X(7A) English/Maths – 7RM2 Miss Higgins Mrs Brett	Carmelite Hall Talk with Head of Secondary
Noctua – Science 1	➡	Carmelite Hall Talk with Head of Secondary	7Z(7C) English/Maths – 7RM2 Miss Higgins Mrs Brett
Pegasus – Y7RM2	➡	7W(7B) English/Maths – 7RM1 Mrs Shaw	Carmelite Hall Talk with Head of Secondary
Phoenix – History 2	➡	Carmelite Hall Talk with Head of Secondary	7Y(7D) English/Maths – 7RM1 Mrs Shaw

- Please keep to the main secondary building.
- Check out our website and weekly communication to parents for future dates/events.

